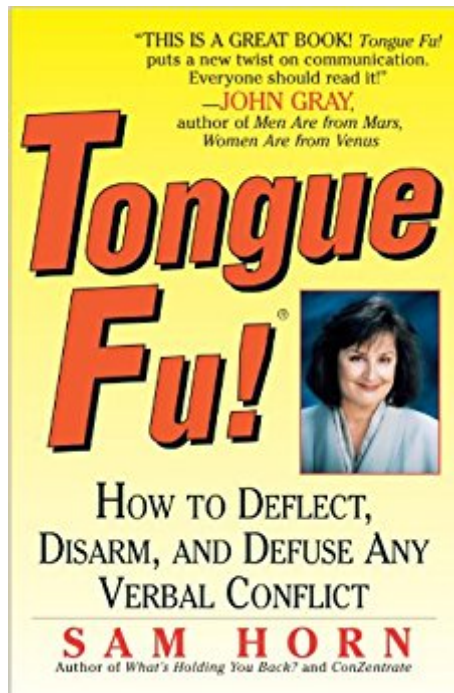




The book was found

Tongue Fu!: How To Deflect, Disarm, And Defuse Any Verbal Conflict



Synopsis

If you've ever been tongue-tied - or if you've ever given a tongue-lashing (and regretted it), Tongue Fu! offers constructive alternatives that will turn hostility into harmony and help you avoid a mental breakdown in the face of aggression. With straightforward strategies and proven techniques, Tongue Fu! examines almost every kind of verbal conflict - from fights with your spouse or a stalemate with the kids - and shows how to use martial arts for the mind and mouth to deflect attacks, disarm disputes, and defuse any explosive situation. With Tongue Fu! you will learn words to use (and words to lose) in tense situations, the power of the phrase "You're right," the tools to use when people push your "hot buttons," how to handle a verbal bully who enjoys attacking and tormenting, how to gracefully exit an argument, what to say when you don't know what to say, how to use silence to your advantage, how to be pleasantly unpleasant, and how to take charge of your emotions.

Book Information

Paperback: 256 pages

Publisher: St. Martin's Griffin; 1 edition (March 15, 1997)

Language: English

ISBN-10: 0312152272

ISBN-13: 978-0312152277

Product Dimensions: 5.6 x 0.7 x 8.2 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars Â Â See all reviews Â (67 customer reviews)

Best Sellers Rank: #262,009 in Books (See Top 100 in Books) #255 in Â Books > History > Military > United States > Veterans #393 in Â Books > Comics & Graphic Novels > Graphic Novels > Literary #1237 in Â Books > Self-Help > Self-Esteem

Customer Reviews

I purchased this book based upon many of the reader recommendations on this very important subject. However, after I received the book and began reading it, I felt scammed. Recently at work, I felt I could have handled a situation better than I did. I knew what I wanted to convey, but it came out unsatisfactorily. Being someone who wants to improve themselves, I thought I'd get a book relating to this subject matter. The techniques presented in this book are inapplicable and irrelevant - they don't provide insight, and in my opinion are ridiculous - the point where I found myself laughing. Reading this book felt like you were being lectured by your clueless, happy-go-lucky

aunt. Techniques such as "if you can't beat 'em, join 'em", "handle hassles with fun", and saying "you're right" (and meaning it) when people complain, are not realistic techniques to addressing real problem. The one which put me over the edge is her bit "choose to be compassionate" when people fail to meet their most basic responsibilities. According to this technique, if you are in a line at some place of business, and there are 25 people in front of you and one employee, you are supposed to spend the time in line convincing yourself that "it's okay - they are just understaffed". Or, if that employee messes up your order, say an ice cream cone, you are supposed to do the following: 1. "Ask them for their name" - Everyone knows doing this will immediately put the employee on the defensive. 2. "State your Customer Rights and Wishes" - This is going to anger the employee with such a belittling remark. 3. "Ask to see a supervisor" - Oh, really? Gee, I'm glad I'm paying money for such earth shattering advice. And so on...

[Download to continue reading...](#)

Tongue Fu!: How to Deflect, Disarm, and Defuse Any Verbal Conflict
Wired for Love: How Understanding Your Partner's Brain and Attachment Style Can Help You Defuse Conflict and Build a Oceanography in the Tongue of the Ocean, Bahamas, B.W.I.: a report on oceanographic observations in the Tongue of the Ocean between Fresh Creek, Andros and the western end of New Providence
Native Tongue (Native Tongue Trilogy)
INSULTS - The Best Insults Ever - Win at any verbal argument!
Make Your Own Wreaths: For Any Occasion in Any Season
Fluent in 3 Months: How Anyone at Any Age Can Learn to Speak Any Language from Anywhere in the World
SAS Survival Guide 2E (Collins Gem): For any climate, for any situation
Imaginative Geographies of Algerian Violence: Conflict Science, Conflict Management, Antipolitics (Stanford Studies in Middle Eastern and I)
The Promise of Mediation: Responding to Conflict Through Empowerment and Recognition (Jossey-Bass Conflict Resolution)
Conflict Coaching: Conflict Management Strategies and Skills for the Individual
How to Analyze People: The Practical Guide to Deciphering Body Language and Non-Verbal Communication
Body Language: Understand How to Read Body Language, Non-verbal Cues, Enhance your Communication and Improve your Social Skills!
Victory Over Verbal Abuse: A Healing Guide to Renewing Your Spirit and Reclaiming Your Life
Banned Body Language Secrets: EX CIA Agent Reveals How To Read Anyone Like A Book And Master The Art Of Non-Verbal Communication
The Mediation Process: Practical Strategies for Resolving Conflict (Jossey-Bass Conflict Resolution)
Official GRE Verbal Reasoning Practice Questions: 1 Wonderlic Prep Test VERBAL REVIEW Flash Cards--CRAM NOW!--Wonderlic Exam Review Book & Study Guide (Wonderlic Cram Now! 1)
Lenguaje Corporal: Cómo detectar mentiras y engaños a través del lenguaje corporal y ser un detector de mentiras humano: Guía a

para detectar mentiras utilizando el lenguaje no verbal (Spanish Edition) The Gentle Art of Verbal
Self-Defense at Work

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)